

# Core Values 5k

## Core Values 5k - Age Group Results

Race Date

December 31, 2015

### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Vanessa Holland		5k	33	217	12	23:20.3	7:32/M	
2	Theresa Dailey	Jacksonville FL	5k	29	124	15	24:03.7	7:45/M	0:43.3
3	Stephanie Vihlin		5k	34	218	18	24:28.9	7:54/M	1:08.5

### Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Debra Woloschin	Remsenburg NY	5k	55	200	25	25:32.6	8:14/M	

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## Female 12 and Under

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1 *	Maritza Wright		5k	12	225	55	34:20.7	11:05/M	
2 *	Amaria Reyes	Chicago IL	5k	7	173	102	54:35.7	17:36/M	20:14.9
3 *	Michyla Davis		5k	12	214	105	1:00:06.5	19:23/M	25:45.7

## Female 13 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Emilee Fordenbacher	Jacksonville Beach FL	5k	15	203	27	26:10.8	8:26/M	
2 *	Alexa Scinicariello	Jacksonville FL	5k	16	177	58	35:08.4	11:20/M	8:57.6
3 *	Hallie Pecnik	Callahan FL	5k	15	165	66	37:17.7	12:02/M	11:06.9
4	Katie Bevis	Jacksonville FL	5k	18	116	68	37:32.8	12:06/M	11:22.0
5	Nikole Pittman	Callahan FL	5k	18	169	78	40:27.2	13:03/M	14:16.3
6	Tyler Beers	Callahan FL	5k	18	114	79	40:27.3	13:03/M	14:16.5
7	Sophia Melone	Jacksonville Beach FL	5k	13	156	85	42:09.6	13:36/M	15:58.8
8	Sarah Hays	Jacksonville FL	5k	15	141	104	58:09.4	18:45/M	31:58.6

## Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Carlisle Weed	Ponte Vedra Beach FL	5k	22	196	28	26:10.8	8:26/M	
2 *	Haley Weed	Ponte Vedra Beach FL	5k	23	197	36	29:14.9	9:26/M	3:04.1
3 *	Rachel Walker	Jacksonville FL	5k	24	221	38	29:48.3	9:37/M	3:37.5
4	Lauren Taylor	Jacksonville FL	5k	26	187	42	30:47.9	9:56/M	4:37.1
5	Christine Winward		5k	23	210	56	34:21.1	11:05/M	8:10.3
6	Kinsey Sloss	Jacksonville FL	5k	27	179	63	35:41.5	11:31/M	9:30.7
7	Carolyn Kiss	Melbourne FL	5k	22	149	74	38:20.5	12:22/M	12:09.7
8	Stefanie Canjar	Melbourne FL	5k	22	120	75	38:20.6	12:22/M	12:09.8
9	Ashley Smith	Jacksonville FL	5k	24	181	76	38:20.7	12:22/M	12:09.9
10	Rachel Crosby	Saint Augustine FL	5k	24	123	90	44:16.1	14:17/M	18:05.3
11	Kristen Fischer	Lexington Park MD	5k	28	132	91	45:00.6	14:31/M	18:49.8
12	Jenna Sward	Lexington Park MD	5k	24	186	92	45:00.8	14:31/M	18:50.0

## Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Dawn Koval	St Augustine FL	5k	38	150	26	25:52.2	8:21/M	
2 *	Courtney Nix	Jacksonville FL	5k	38	160	34	28:33.8	9:13/M	2:41.6
3 *	Jaime Dugan	Jacksonville FL	5k	39	126	40	30:37.5	9:53/M	4:45.3
4	Cherita Winchester	Orange Park FL	5k	32	199	52	33:23.1	10:46/M	7:30.9
5	Julia Kimbrell		5k	39	216	53	33:49.9	10:55/M	7:57.7

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6	Amanda Stanton	Jacksonville FL	5k	30	185	60	35:37.2	11:29/M	9:45.0
7	Amanda Caves	Fleming Island FL	5k	30	121	86	42:15.2	13:38/M	16:23.0
8	Karina Reyes	Chicago IL	5k	37	176	103	54:38.4	17:37/M	28:46.2

### Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Kathy Tucker	Saint Augustinet FL	5k	48	191	33	28:24.6	9:10/M	
2 *	Margaret French	Orange Park FL	5k	41	134	65	36:08.8	11:39/M	7:44.1
3 *	Carrie Millican	Jacksonville FL	5k	42	159	67	37:30.6	12:06/M	9:05.9
4	Leslie Lowthers	Jacksonville FL	5k	48	154	82	41:46.5	13:28/M	13:21.9
5	Deena Pittman	Callahan FL	5k	47	166	88	43:28.9	14:01/M	15:04.3
6	Shari Blackburn	Jacksonville FL	5k	44	211	96	46:31.6	15:00/M	18:06.9
7	Michelle Branham	Jacksonville Beach FL	5k	44	117	100	52:44.3	17:01/M	24:19.6

### Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Janet Farley	Jacksonville Beach FL	5k	58	129	35	29:12.0	9:25/M	
2 *	Paula Farmer	Jacksonville FL	5k	58	130	43	30:56.1	9:59/M	1:44.0
3 *	Tina Kennon	Saint Augustine FL	5k	52	148	47	31:14.3	10:05/M	2:02.2
4	Barbara Young-English	Jacksonville FL	5k	59	202	54	34:13.7	11:02/M	5:01.6
5	Vickie Taylor	Jacksonville FL	5k	57	188	70	37:45.9	12:11/M	8:33.8
6	Patti Stanford		5k	58	227	83	41:51.0	13:30/M	12:38.9
7	Tracy Melone	Jacksonville Beach FL	5k	50	157	84	42:05.4	13:35/M	12:53.3
8	Lesley Young	Jacksonville FL	5k	58	201	89	44:11.3	14:15/M	14:59.2
9	Ann Campbell-Hays	Jacksonville FL	5k	57	118	95	46:08.8	14:53/M	16:56.7
10	Laura Thompson	Jacksonville FL	5k	54	190	98	50:51.5	16:24/M	21:39.4
11	Shirleen Smith	Jacksonville FL	5k	53	183	106	1:00:51.2	19:38/M	31:39.2

### Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Mamie Davis		5k	61	213	31	28:11.4	9:05/M	
2 *	Jan Ward	Kempner TX	5k	70	194	73	37:56.5	12:14/M	9:45.1
3 *	Lois Huray		5k	82	215	101	52:45.4	17:01/M	24:34.0
4	Debra Williams	Jacksonville FL	5k	61	198	107	1:00:51.8	19:38/M	32:40.4

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1	Matthew Lofton		5k	36	206	1	16:37.1	5:22/M	
2	Devin Lawhorne	Jacksonville Beach FL	5k	18	205	2	18:27.2	5:57/M	1:50.0
3	Matthew Jackson	Fairfax VA	5k	21	145	3	19:43.2	6:22/M	3:06.0

### Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Stephen Krall	Waxhaw NC	5k	43	151	4	21:33.5	6:57/M	

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1 *	Matthew French	Orange Park FL	Kid	10	135	9	22:21.1	7:13/M	
2 *	Reece Pittman	Callahan FL	5k	9	170	14	23:59.0	7:44/M	1:37.8
3 *	Ethan Renault	Orange Park FL	5k	8	172	45	31:07.4	10:02/M	8:46.3
4	Lex Ambrosio	Orange Park FL	5k	9	110	46	31:08.8	10:03/M	8:47.6
5	Landon Pittman	Callahan FL	5k	7	167	48	31:45.0	10:15/M	9:23.9
6	Matthew Duong		5k	11	207	61	35:37.5	11:29/M	13:16.4
7	Dominic Calyton		5k	9	208	62	35:41.0	11:31/M	13:19.8
8	Joel Reyes	Chicago IL	5k	11	174	77	38:25.3	12:24/M	16:04.1
9	Braeden Lowthers	Jacksonville FL	5k	12	152	80	41:03.3	13:15/M	18:42.1

### Male 13 to 19

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1 *	Casey Dugan	Jacksonville FL	5k	18	125	5	21:38.5	6:59/M	
2 *	Armando Atanda	Jacksonville FL	5k	15	112	22	25:15.0	8:09/M	3:36.4
3 *	Alex Hays	Jacksonville FL	5k	14	139	29	27:19.5	8:49/M	5:40.9
4	Derrick Emminger	Jacksonville FL	5k	14	128	41	30:38.3	9:53/M	8:59.8
5	Turtle Powell	Purmela TX	5k	13	171	44	31:01.3	10:00/M	9:22.7
6	Will Hays	Jacksonville FL	5k	14	142	51	32:35.9	10:31/M	10:57.3
7	Knowlton Anderson	Jacksonville FL	5k	15	111	64	36:08.0	11:39/M	14:29.4
8	Soren Dillinger		5k	13	224	87	43:13.2	13:56/M	21:34.6

### Male 20 to 29

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1 *	Dave Fischer	Lexington Park MD	5k	28	131	7	22:02.8	7:06/M	
2 *	Matthew Syverson		5k	20	226	19	24:41.5	7:58/M	2:38.6
3 *	Emmanuel Thalerand	Fleming Island FL	5k	29	189	49	32:30.9	10:29/M	10:28.0
4	Kyle Schmidt		5k	22	209	57	34:21.1	11:05/M	12:18.2
5	Blair Waters	Jacksonville FL	5k	22	195	72	37:54.9	12:14/M	15:52.0

### Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Kyle Johnston	Ponte Vedra FL	5k	31	147	20	24:45.1	7:59/M	
2 *	Philip Dugas	Saint Augustine FL	5k	32	127	21	24:47.3	8:00/M	0:02.2
3 *	Christopher Slowey	Virginia Beach VA	5k	33	180	24	25:23.6	8:11/M	0:38.4
4	Alykhan Gulamali		5k	32	223	37	29:16.1	9:26/M	4:30.9
5	Shawn Hoy		5k	35	222	59	35:35.3	11:29/M	10:50.1
6	Stephen Gaymont	Davenport FL	5k	33	137	69	37:38.5	12:08/M	12:53.4

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7	Ryan Prager	Jacksonville FL	5k	34	212	97	46:32.3	15:01/M	21:47.2

### Male 40 to 49

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1 *	Rich Benson	Howell MI	5k	46	115	6	21:55.8	7:04/M	
2 *	Chad Labene		5k	44	219	8	22:08.9	7:08/M	0:13.0
3 *	Russ Libby		5k	48	220	16	24:04.7	7:46/M	2:08.9
4	Mike Ostlund	Atlantic Beach FL	5k	42	164	23	25:22.2	8:11/M	3:26.3
5	Victor Melone	Jacksonville Beach FL	5k	49	158	50	32:33.0	10:30/M	10:37.1
6	Josue Reyes	Chicago IL	5k	41	175	93	45:02.5	14:32/M	23:06.6

### Male 50 to 59

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1 *	Guy Jackson	Fairfax VA	5k	51	144	10	22:42.0	7:19/M	
2 *	Dave Hooch	Ponte Vedra Beach FL	5k	59	143	11	23:16.7	7:30/M	0:34.7
3 *	Michael French	Orange Park FL	5k	58	136	17	24:06.3	7:46/M	1:24.3
4	Leonard Pittman	Callahan FL	5k	53	168	30	27:28.7	8:52/M	4:46.7
5	Cathan Coghlan	Arlington TX	5k	55	122	39	30:30.6	9:50/M	7:48.6
6	Greg Smith	Jacksonville FL	5k	56	182	71	37:48.7	12:12/M	15:06.6
7	Bruce Lowthers	Jacksonville FL	5k	50	153	81	41:06.0	13:15/M	18:24.0
8	Bob Hays	Jacksonville FL	5k	55	140	94	46:01.1	14:51/M	23:19.0

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1 *	Bernie Candy	St Augustine FL	5k	67	119	13	23:28.8	7:34/M	
2 *	Craig Harms	Neptune Beach FL	5k	65	138	32	28:22.5	9:09/M	4:53.6
3 *	Boots Farley		5k	60	204	99	51:56.4	16:45/M	28:27.5